

www.HelpForPD.org
Living Well with Parkinson's Conference 2026

Friday, May 8, 2026
Parkinson Center YMCA
Hannaford Plaza
98 Wolf Road, Albany, NY 12205

Agenda

Morning Session	Afternoon Session	Topic/Activity
8:30	12:30	Market Place
9:00	1:00	Morning Moderator – Dr Eric Molho, MD, Neurologist Afternoon Moderator – Dr. Kathrin Lafaver, MD, Neurologist
9:15	1:15	Exercise break 'Warm up Yoga" with Deb Foss
9:30	1:30	"Physical Therapy and Parkinson's" Stephanie Soto PT., Zuppa Physical Therapy
10:15	1:15	Dr. Ray Dorsey Presentation & Q&A (ZOOM)
11:15	2:15	Exercise break "Dance" with Rachelle Smith Stallman
11:30	3:30	Marketplace
Please attend the session you signed up for. Space is limited		